

# SPECIAL FOOD ISSUE

## APRONS ON...

Irresistible recipes from our best-loved cooks: Delia Smith, Nigella Lawson, Ruth Rogers, Nigel Slater and more

## MEET THE CHEFS' WAGS

Five glamorous women spill the beans on life with Britain's top chefs

## DESERT ISLAND DISHES

by our award-winning writer Diana Henry

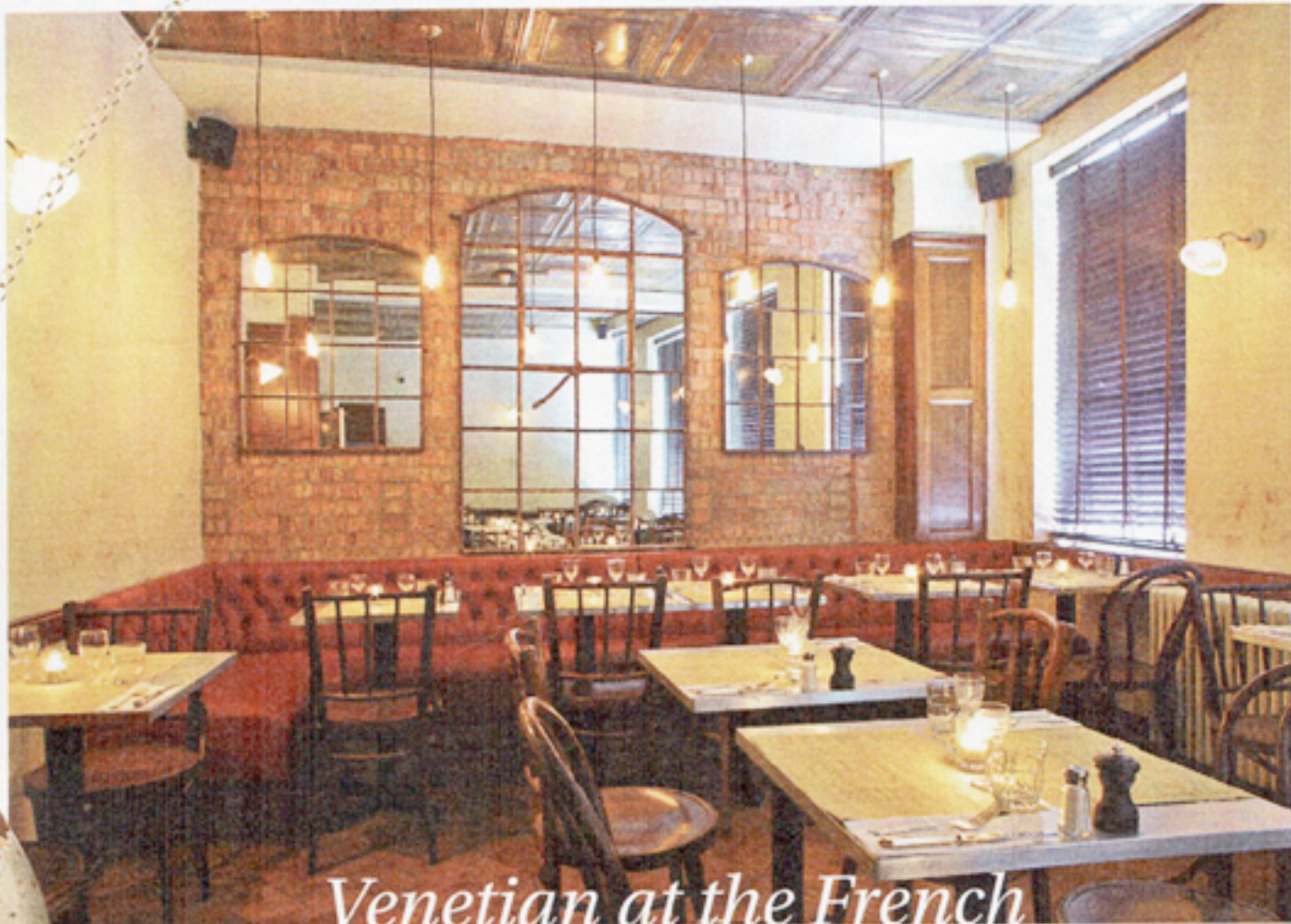
PLUS

PIPING HOT FASHION  
AND ACCESSORIES

# stella

## EGG-SQUISITE

This beautiful necklace made from a Japanese quail's egg is at the top of our wish list this week. The limited-edition piece, by Stephanie Simek, is part of a collection of curiosities that also includes an eyelash pendant and crystallised sugar earrings. £110; from [theshopfloorproject.com](http://theshopfloorproject.com)



## Venetian at the French

The Venetian tapas restaurant Polpo was one of the hottest new spots in London last year. Now a second, smaller version, Polpetto, has just opened on the first floor of the French House pub in Soho and features the same charming rustic interior and unusual Italian menu. [polpetto.co.uk](http://polpetto.co.uk)

## Feel~ good factor

For ethical, beautifully made clothing (think silk jumpsuits and soft woollen blazers) look no further than **EDUN**. The label, by Ali Hewson and her husband, Bono, of U2, uses Fairtrade suppliers in Africa and this season's collection is its best yet. *Wool cape coat, £540; [edun.com](http://edun.com)*



Cookery programme enthusiasts will go mad for **LOVE COOKING**, a series of live shows in Edinburgh (Tuesday), London (2 November) and Harrogate (5 December) with some of our favourite chefs, such as Rachel Allen. [lovecookingfestival.com](http://lovecookingfestival.com)



## CHOP CHOP

During its 25 years in business the award-winning furniture shop **SCP** has collaborated with designers such as Robin Day and Donna Wilson. Now it has launched All Lovely Stuff, a range of simple pieces by the London design duo Carl Clerkin and Ed Ward. We love this solid beech chopping-board. £24.95; [scp.co.uk](http://scp.co.uk)



## \*WIN THIS

Villeroy & Boch has been supplying delicate china to royalty since the company was founded in 1748. One lucky reader can win a 30-piece bone-china dining set from its new Samarkand collection (worth more than £1,000). *Log on to [telegraph.co.uk/promotions](http://telegraph.co.uk/promotions) to enter*